

The running market



Almost half the UK are running

40% of the UK population run at least once a week and over a quarter (**28**%) wanted to start or were considering running more in 2025.

Gen Z want to run more

Gen Z is the keenest to run more, with **68**% of 16 to 27-year-olds sharing this goal for 2025 and are the **most likely to run more** events in 2025.

Millenials run the most

Millennials (aged 28-43) run more than any other generation.

New runners are emerging

30% of new runners started running due to the covid-19 pandemic, but participation has really exploded since 2024.

The running trends

Hybrid training:

25% of runners are strength training too with searches for Hyrox training appared up almost **300**% YoY.

Competition is driving participation:

Searches are up c.50% for sub-3 hour marathons and related apps and plans.

Run Tourism and 'race-cations':

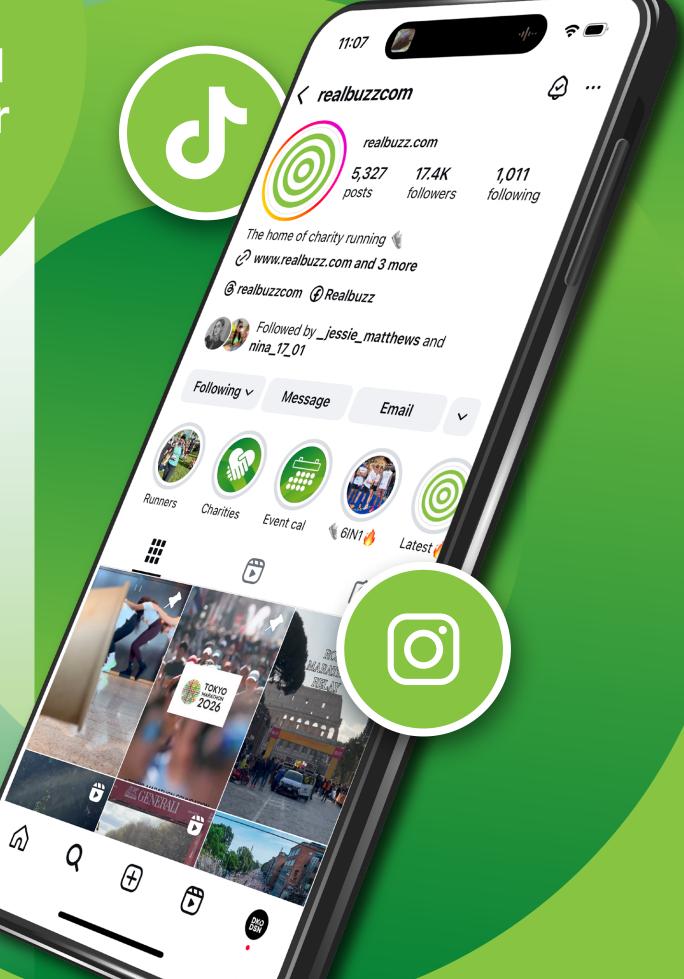
Particularly younger runners (Gen Z, Millenials) are looking for destination races that bring together social, travel and competition.

Social communities:

Offline and online; from run clubs to social media. TikTok is a huge amplifier (1.3 billion views on running-related content).

Realbuzz generated over 200M of reach for our partners across TikTok and **Instagram with our** network of ambassadors

200M+



What does this mean for event participation and charity running?

53% of charities* were projecting to see income growth from fundraising events in 2025.



Record-breaking fundraising in the 2024 World Majors



£73.5 million

Raised through the London Marathon

\$71.9 million

Raised through the Boston Marathon

\$36 million

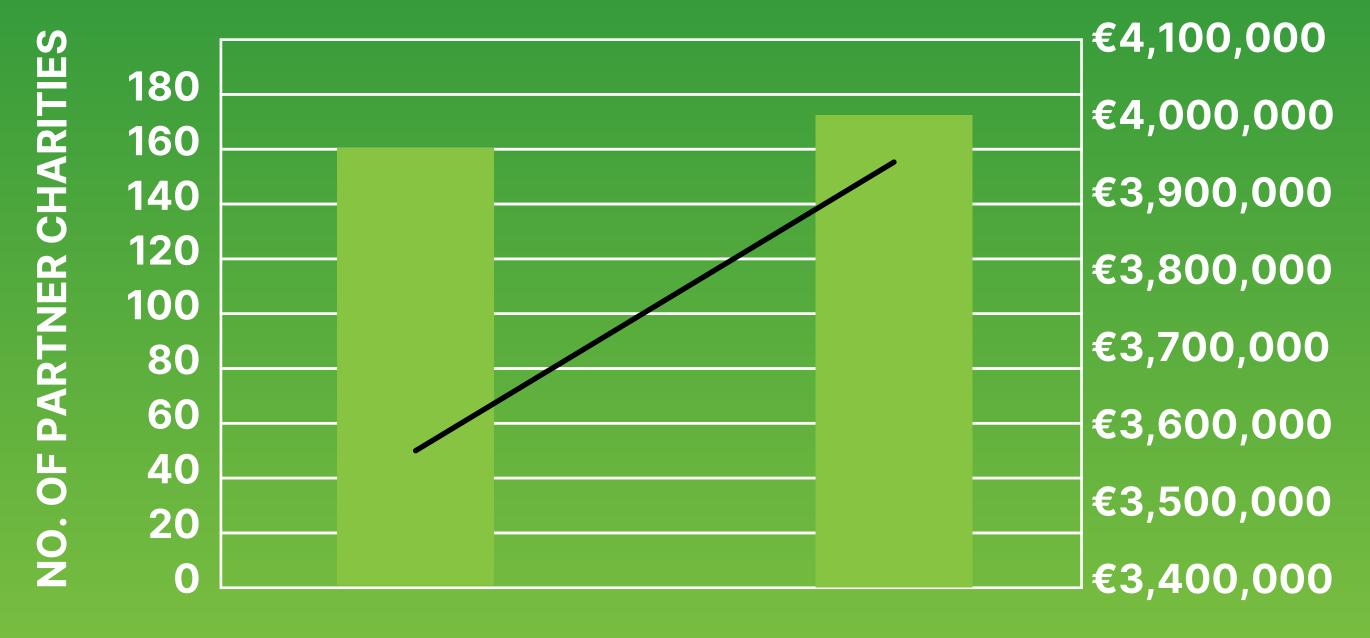
Raised through the Chicago Marathon

\$66 million

Raised through the New York Marathon (+8% YoY)

Trends through global realbuzz charity programmes echoed this growth

BMW BERLIN-MARATHON YOY GROWTH



BMW BERLIN MARATHON 2023

Charities

BMW BERLIN
MARATHON 2024

— Fundraising

71.5% YoY, 4:1 ROI

Increase in fundraising YoY in the 2024 Irish Life Dublin Marathon.

51.5% YoY, 4:1 ROI

Increase in fundraising YoY in the 2024 BMW BERLIN-MARATHON alongside a 35% increase in average funds raised.

307% YoY: 3:1 ROI

Growth in charity participation in the fast-growing SuperHalfs Series, with average fundraising up 25% YoY.







The world's strongest marathon brands

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TCS TCS LORGON MAAATHON	1	London Marathon	90.1	RIO DE JANEIRO MARATHON	11	Rio de Janeiro Marathon	72.4
TCS NEW YORK CITY MARATHON	2	New York City Marathon	89.7	Irish Life MARATHON	12	Dublin Marathon	71.6
Schneider Electric MARATHON PARIS	3	Paris Marathon	88.4	Movistar Madrid Medio Maratón	13	Madrid Marathon	71.5
BMW IIIII BERLIN = MARATHON	4	Berlin Marathon	82.9	TORONTO WATERFRONT MARATHON	14	Toronto Marathon	70.9
BOSTON MARATHON BANK OF AMERICA	5	Boston Marathon	80.8	MARATHON OF AND HALF	15	Miami Marathon	70.7
TOKYO MARATHON	6	Tokyo Marathon	80.0	ZURICH OMARATÓ OBARCELONA	16	Barcelona Marathon	70.6
RUN ROME THE MARATHON ROMA CAPITALE	7	Rome Marathon	79.7	BMO (A) Vancouver Marathon	17	Vancouver Marathon	70.3
SAN FRANCISCO MARATHON	8	San Francisco Marathon	78.8	2026 DUBAI MARATHON 25th Churiversary	18	Dubai Marathon	70.1
CS SYDNEY NO MARATHON PREMITED PASKS	9	Sydney Marathon	78.6	ADNOC ABU DHABI ADNOC MARATHON AND DHAB FORTS COMOCI.	19	Abu Dubai Marathon	69.4
LOS ANGELES MARATHON PRESENTED BY PASICS.	10	Los Angeles Marathon	73.1	Haspa Marathon Hamburg	20	Hamburg Marathon	68.6



Partner Spotlight: Make-a-Wish UK

- Top 3 charity on the 'run with realbuzz' programme.
- Last year, the charity had over **141 active runners** across **13 different events** and a range of distances.
- Over **228 runners** have selected Make-a-Wish UK as their preferred cause since the charity joined the programme.

2024 - 2025: 141 active runners have raised over £91,000 for the charity



Make-a-Wish UK Official charity partner: 6IN1 campaign 2025 – 2026

Combined team following of over

1.6M

Projected reach opportunity of over

20M

Amplifies the opportunity to run for the charity across all events



Why partner with realbuzz capturing the market moment

With more than 50 event partners, we've helped our thousands of charity partners raise over £1billion in fundraising so far.



INTERNATIONAL REACH



We already engage with more than 250,000 runners, globally, with 50% outside the UK, with major market in US and Ireland.



OPENING THE FIELD

Our extensive network of prestigious event partners means you can easily recruit and fundraise across multiple races.



EMPOWERING RUNNERS TO RAISE MORE

As experts in fundraising and reaching runners, we provide tailored stewardship and the highest level of customer support for our charities and their runners.



BUILDING YOUR BRAND

With our network of ambassador creators, we've generated reach of awar 2000. we've generated reach of over 200M across a range of partner charities.

The 'run with realbuzz' programme:

+300 charities already participate in this no-upfront cost, hands-on stewardship programme with average 3:1 returns across more than 40 events.

