



Michele Farmer, CEO – Go Beyond

A Journey of Recovery



What's the need?

- **Poverty**

- It is predicted by 2023/2024 the number of children living in poverty in the UK will reach 4.3 million

- **Mental Health**

- In the last 3 years, children's emergency mental health service referrals have risen by over 50%.

- **Trio of Vulnerabilities**

- 2.2 million young people in England are subjected to the effects of the 'Trio of Vulnerabilities' on family life: domestic abuse, parental drug/ alcohol dependency, and severe parental mental health issues. **This equates to six children in the average classroom growing up at risk due to their family circumstances.**

- **Caring Responsibilities**

- There are an estimated one million Young Carers across the UK looking after a family member with a disability, illness or mental health problem - some as young as five years old.



**THE CHARITY
GIVING BREAKS
THAT LAST
A LIFETIME**



Go Beyond

The children's charity giving Breaks that last a lifetime

- Go Beyond provides Residential breaks for children aged 8-13 years at centres in Cornwall and Derbyshire.
- Referrals are made by teachers, social workers or care professionals who identify children living in difficult or challenging circumstances that would benefit most from a Go Beyond Break.
- At Go Beyond we believe that all children should be able to thrive - whatever their home circumstances. No child should be defined by inequality, tragedy or instability.

Our vision is to inspire all the young people we meet to go beyond anything that stands between them and their brightest future



The right offer for the right children





Be Honest and Keep Communicating



Grab the moment and share the impact

Keep values consistent

Our Values



**PUT
CHILDREN
FIRST**

Put children at the centre of our charity, make them our priority, involve them in shaping our work, listen to their voices.



**DO THE
RIGHT THING**

Be open and honest, think sustainably, act with respect. Champion equality and have the courage to challenge.



**PUSH THE
BOUNDARIES**

Be curious, seek opportunities, embrace change and build resilience.



**WORK AS
A TEAM**

Listen and learn, grow together, set clear goals, measure the impact, and make it happen.

Stick to what you do and do it well



A woman and a young girl are captured in mid-air, jumping joyfully on a red mat. The woman, wearing a maroon shirt and dark leggings, is holding the girl's hands. The girl is wearing a grey shirt and dark leggings. Both are wearing striped socks. The background is a clear blue sky.

Plan, Consolidate & Build

Control the purse strings



ANNUAL REVIEW AND IMPACT REPORT 2023



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OUR YEAR IN NUMBERS



WE WELCOMED 913 CHILDREN TO GO BEYOND

4,750
beds
made

165
volunteer
weeks

3,800 hot
chocolates
made

950 roast
dinners
eaten

1,000 trips
to the
beach

THE IMPACT WE HAD

WHY CHILDREN ARE REFERRED TO US

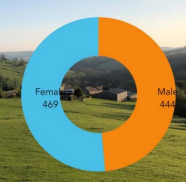
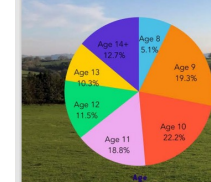
The six most common referral reasons for young people are:

- Caring Responsibilities 28%
- General anxiety 26.6%
- Domestic violence 21%
- Marital Break-up 15.6%
- Poverty 15.6%
- Bereavement 15.2%

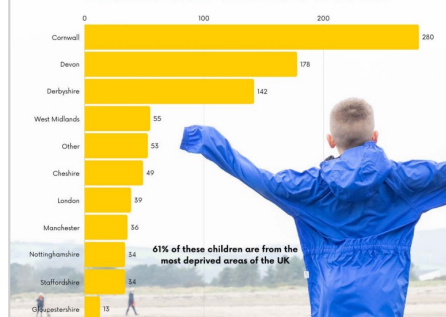
FOLLOWING A BREAK...

- 86% of children said: I like being outdoors
- 85% of children said: I enjoy what each new day brings
- 85% of children said: I can find lots of fun things to do
- 83% of children said: I've been in a good mood
- 82% of children said: I think there are many things I can be proud of

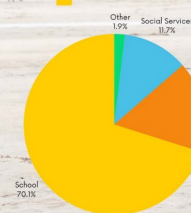
THE CHILDREN WHO CAME ON OUR BREAKS



WHERE THE CHILDREN WERE REFERRED FROM



61% of these children are from the most deprived areas of the UK



WHO
REFERRED
THE
CHILDREN

Invest in the right things



Invest in the right people



Meet Missy





